



Week 1

2 WEEK MEAL PLAN GROCERY LIST

RECIPES

Fresh Herb Marinade
with Sirloin Steaks

Steak Sandwich

Grilled Sirloin &
Peach Pizza

Cheeseburger
Mac & Cheese

Herb Meatballs
with Pasta

DAIRY

- ☐ 8oz Velveeta Cheese
- ☐ 8oz fine shredded cheddar cheese
- ☐ 6 provolone cheese slices
- ☐ 4 cheddar cheese slices
- ☐ 1 package shredded mozzarella cheese
- ☐ 1 package of Butter

BEEF

- ☐ 2 family size pack of **Certified Angus Beef®** sirloin steaks
- ☐ 6 lbs. **Certified Angus Beef®** ground beef

PRODUCE

- ☐ 1 garlic head
- ☐ 1 bag Vidalia® Onions
- ☐ Fresh rosemary
- ☐ Fresh thyme
- ☐ Fresh sage
(if you can't find fresh sage, dried is fine)
- ☐ Fresh basil
- ☐ Fresh oregano
- ☐ Fresh parsley
- ☐ 1 shallot
- ☐ 1 dozen eggs
- ☐ 6-8 ripe peaches

CANNED & JARRED

- ☐ 1 can fire roasted tomatoes
- ☐ 1 can evaporated milk
- ☐ 1 jar pesto
- ☐ Dukes Mayo
- ☐ 1 box macaroni pasta
- ☐ Balsamic glaze
- ☐ 1 bottle of dry white wine
- ☐ 1 jar preferred pasta sauce

BAKERY

- ☐ Ciabatta buns (4)
- ☐ 1 lemon
- ☐ 1-2 balls of fresh pizza dough
- ☐ Store bought biscuit preference

CHECK BEFORE YOU SHOP

You'll need these ingredients, but they may already be hiding in your pantry or fridge.

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|---|---|---|
| ☐ Mustard Powder | ☐ Brown sugar | ☐ Dijon Mustard |
| ☐ Onion powder | ☐ Italian Breadcrumbs | ☐ Balsamic Vinegar |
| ☐ Nutmeg | ☐ Worcestershire sauce | |